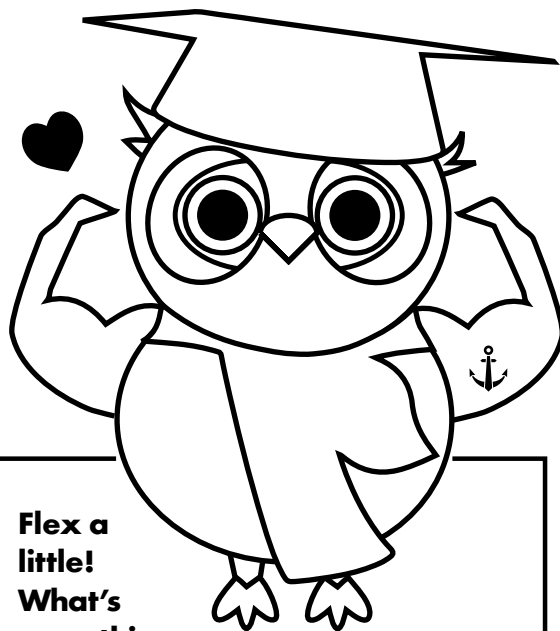


Owlbert's Valentine Flex

Valentine's Day is all about love. It's important to love others, but it's also important to love yourself! Owlbert is flexing about the things he likes about himself. He'd like you to do the same!



What are three things you love about yourself?

1

2

3

**Flex a little!
What's something
you're
proud of?**

**Draw a picture of some of your favorite
people or favorite things.**

**What are three of your favorite
things to do?**

1

2

3

**Name some things you are
good at.**